This is a timed exam. You have exactly 3 hours to complete the exam

Stan Mucinic, LNHA
EXAMprofessional.com
smucinic@yahoo.com
561-255-8213
LEGAL NOTICES

INDIVIDUALS ENROLLED IN THE “NATIONAL NURSING HOME ADMINISTRATION LICENSING COURSE” ARE PURCHASING THE PROFESSIONAL KNOWLEDGE OF THE INSTRUCTOR TO ASSIST THE STUDENT TO PREPARE FOR THE NATIONAL “NURSING HOME ADMINISTRATOR’S” EXAM.

The course is a 5-week intensive self-study test preparation program designed to provide the student a unique personalized and structured learning environment where progress is monitored by the instructor through email to help students maintain focus and complete scheduled assignments timely. The student and instructor can negotiate additional instruction time and fees if necessary.

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A student’s work schedule or other commitments may require more time to prepare for an exam than allotted. The student is solely responsible for licensing exam registration/testing and retesting fees.

Contact Information

You may contact Stan Mucinic by email smucinic@yahoo.com with any questions or after you score each exam.
When a change in a resident's condition is significant, the facility must assess the resident's physical or mental condition within _____ days of identifying a significant change.

1. 7
2. 10
3. 14
4. 21

A facility must maintain _____ months of assessments in a resident's active medical chart.

1. 6 months
2. 12 months
3. 15 months
4. 18 months

Within ___ days of completing an assessment, the facility must electronically transmit the assessment data to the state.

1. 7
2. 10
3. 14
4. 21

A negligent or civil wrong is called a ________.

1. Subpoena
2. Tort
3. Indictment
4. Judgment

Protecting residents and staff from accidental or inadvertent electrical discharge from electrical outlets and devices is the purpose of the ________.

1. Hazard Communication Standard
2. Blood Borne Pathogen Program
3. Lock Out/Tag Out
4. Life Safety Code

________ would cover a facility where the nursing staff gives a resident the wrong medication resulting in injury to the resident.

1. General Liability Insurance
2. Business Interruption Insurance
3. Property and Casualty Insurance
4. Professional Liability Insurance

Nursing home administrators can ____________.

1. Ask workers if they attend union meetings
2. Attend union meetings
3. Contribute money to a union
4. Express their personal opinion as to the value of a union
8 CIO stands for __________.
   1. Congress of Industrial Organizations
   2. Consortium of Industrial Organizations
   3. Congress of Independent Organizations
   4. Consolidated Industrial Organizations

9 Residents most at risk for pressure ulcers are usually _______.
   1. Obese
   2. Bed or chair ridden
   3. On a low sodium diet
   4. Ambulatory

10 The organization responsible for researching safety protocols to protect workers in the work place from diseases and occupational hazards is NIOSH. NIOSH stands for __________.
   1. National Institute for Organizational Safety and Health
   2. National Institute for Occupational Safety and Health
   3. Out of compliance with OBRA 1987
   4. Within the grace period

11 Planning in-service education for nursing aides would not include _______.
   1. At least 12 hours of in-services per year
   2. In-services based on training needs identified in performance reviews
   3. Performance reviews every 18 months
   4. Providing training on caring for cognitively impaired residents

12 Per OBRA 1987, resident medical records must be retained for a minimum of _____ year(s) from discharge.
   1. 1 year
   2. 3 years
   3. 5 years
   4. 7 years

13 The ________ is responsible for the day-to-day management of the facility's nursing program.
   1. Governing body
   2. Medical Director
   3. Director of Nursing
   4. Administrator

14 CMS stands for ____________________.
   1. Central Medicaid Services
   2. Centers for Medicare and Medicaid Services
   3. Center for Medicare Services
   4. Center for Medical Services
15 HHS stands for _______________________.
   1. Health and Human Services
   2. Human and Health Services
   3. Higher Health Services
   4. Health Services Administration

16 Per OBRA 1987, medical records for minors must be retained for at least ____ year(s) after the individual reaches legal age.
   1. 1 year
   2. 3 years
   3. 5 years
   4. 7 years

17 _____ would not be covered by Medicare.
   1. Meals
   2. Laundry
   3. Activities
   4. Television

18 A public telephone in a nursing facility must _______.
   1. Be free of charge
   2. Have adjustable volume for hearing impaired
   3. Be located in resident rooms
   4. Be cleaned daily

19 The _____ has legal responsibility to adopt and implement facility policies.
   1. Medical Director
   2. Director of Nursing
   3. Governing body
   4. Administrator

20 PHS stands for _____________________.
   1. Public Health Service
   2. Prescribed Health Service
   3. Post Hospitalization Service
   4. Pre Hospitalization Service

21 A facility would need a minimum of ____ square feet in a semi private room for with 2 residents.
   1. 60
   2. 80
   3. 160
   4. 240

22 A private room must have a minimum of _____ square feet
   1. 60  3. 100
   2. 80  4. 120
23 ________________ is a stage 3 pressure ulcer.

1. Extensive tissue loss down to the bone and muscle
2. Tissue loss of the upper and lower layers of the epidermis
3. A red patch of skin that is warm to the touch
4. A blistering or opening of the upper layer of the skin

24 OBRA stands for ____________.

1. Omnibus Budget Reconciliation Act
2. Omnibus Budget Reconstruction Act
3. Oversight and Budget Reconciliation Agency
4. None of the above

25 The width required for 2 wheelchairs to pass is _____.

1. 30 inches 4. 96 inches
2. 60 inches
3. 80 inches

26 The automatic smoke and fire detection systems must be connected to each other ______.

1. Manually
2. Electronically
3. Digitally
4. Remotely

27 ________________ is not an advantage of doing business as a corporation.

1 Perpetual existence
2 Limited liability
3 The ability to raise capital
4 Unrestricted liability of officers and directors

28 Managing only by responding to exceptions is called ____________.

1 Variance analysis
2 Statistical analysis
3 Financial Analysis
4 Analytical management

29 When the administrator asks the charge nurse to come to her office, this is an example of ________.

1 Upward communication
2 Horizontal communication
3 Downward communication
4 Vertical communication

30 FICA stands for the ____________.

1. Federal Insurance Contributions Act
2. Federal Income Contributions Act
3. Federal institutional Commitment Act
4. Federal Institutional Consolidation Act
31 An unnecessary drug would not include ________.

1. A drug whose side effects are worse than the condition it is meant to treat
2. A drug whose use is not demonstrated by the resident’s condition
3. A drug which duplicates the actions of another drug being taken by the resident
4. A drug that is administered at optimal stabilization levels

32 Gathering information from the community to determine what needed services the facility can offer the community is called a ____________.

1. Market mix
2. Market audit
3. Product line
4. Market implementation

33 SMDA requires reporting injuries to the ________________.

1. OSHA and the Dept of Labor
2. FDA and OSHA
3. FDA and the manufacturer
4. EPA and OSHA

34 SMDA stands for _______.

1. Safe Mechanical Devices Association
2. Safe Medical Devices Association
3. Safe Medical Devices Agency
4. Safe Medical Devices Act

35 Per SMDA, an injury must be reported within ___ days.

1. 3
2. 6
3. 10
4. 14

36 A nursing aide must have provided nursing related services for compensation at least ____ during the previous ____ months to maintain their certification status.

1. 1 day or 8 hours, 24 months
2. 2 days or 16 hours, 12 months
3. 3 days or 36 hours, 18 months
4. 7 days or 56 hours, 24 months

37 A SNF must have fire drills __________.

1. Monthly
2. Quarterly
3. Semi annually
4. Annually
38. The air temperature in a nursing facility is measured _____.
   1. At floor level
   2. Just above the floor
   3. At ceiling level
   4. Inside the wall

39. The comfortable temperature range in a facility is _____ degrees.
   1. 51-61
   2. 61-71
   3. 71-81
   4. 81-91

40. An infection that develops inside the facility is called _____.
   1. MRSA
   2. Nosocomial
   3. Iatrogenic
   4. Comorbid

41. Per OBRA 1987, the emergency generator does not have to power __________.
   1. The emergency lighting system that illuminates all entrances and exits
   2. The fire detection and alarm and extinguishment system
   3. The life support systems
   4. The air Conditioning system

42. Lighting of the means of egress must be continuous with exit floor surfaces illuminated at the level of ___ foot candle from the _____.
   1. ½, ceiling
   2. 1, floor
   3. 2, floor
   4. 3, floor

43. ________ is not the responsibility of the consultant pharmacist.
   1. Reviewing resident drugs monthly for unnecessary drugs
   2. Ensuring medication records are in order
   3. Destroying expired meds
   4. Establishing a system to record receipt and disposition of all drugs

44. The most common cause of pressure sores is _____.
   1. Shearing and friction
   2. Incontinence
   3. Senility
   4. Poor nutrition

45. The acceptable medication error rate for a facility is ____% or less.
   1. 1%  3. 5%
   2. 2%  4. 7%
46 A major cause of malnutrition in nursing home residents is ______.

1. Poor dentition
2. Unhealthy snacks
3. Dehydration
4. Poor cognition

47 A full time social worker is required in a facility with ____.

1. 30 beds
2. 59 beds
3. 61 or more beds
4. 121 or more beds

48 A management theory where a manager believes workers like to work and want to do a good job is called ______.

1. Theory W
2. Theory X
3. Theory Y
4. Theory Z

49 A management theory where a manager believes workers do not like to work and are lazy is called ______.

1. Theory W
2. Theory X
3. Theory Y
4. Theory Z

50 ________ states that employee morale is affected by negative perception of the care provided by a facility and employees are less comfortable working there.

1. Theory W
2. Theory X
3. Theory Y
4. Theory Z

51 Communication occurs when ________.

1. A message is transmitted from one individual to another
2. A message is transmitted by one person and received by another
3. A message is transmitted by one person and received and decoded by another person
4. A message is transmitted by one person and received and decoded and understood by another person

52 The Americans with Disabilities Act construction standards are enforced by ________.

1. NFPA
2. ANSI
3. Architecture and Transportation Barriers Compliance Board
4. EEOC
The Americans with Disabilities Act construction standards were developed by _______.

1. NFPA
2. ANSI
3. Architecture and Transportation Barriers Compliance Board
4. EEOC

A Medicaid resident receiving $1500 a month in Social Security pension is within ____ of losing their Medicaid eligibility.

1. $200
2. $360
3. $420
4. $500

________ provides research and recommendations to OSHA regarding workplace safety.

1. NFPA
2. ANSI
3. NIOSH
4. DHHS

The federal government matches state Medicaid expenditures ranging from ____.

1. 50% to 83%
2. 50% to 95%
3. 40% to 60%
4. 25% to 45%

____ fire extinguishers would be used for fires from burning paper, lumber, cardboard and plastics.

1. Class A
2. Class B
3. Class C
4. Class D

____ fire extinguishers would be used for metals such as magnesium and titanium.

1. Class A
2. Class B
3. Class C
4. Class D

____ fire extinguishers would be used for electrical appliances, outlets, power tools.

1. Class A
2. Class B
3. Class C
4. Class D
60. _____ fire extinguishers would be used for combustible or flammable liquids such as kerosene, and gasoline.
   1. Class A
   2. Class B
   3. Class C
   4. Class D

61. A court appointed guardian is also called a ________.
   1. Testator
   2. Solicitor
   3. Conservator
   4. Proxy

62. The main reason for informing a resident and any roommate(s) of a room change in advance is because _________.
   1. Residents need time to pack
   2. A room change could result in an avoidable decline in physical, mental and psychosocial well being
   3. Residents have the right to appeal room changes to the ombudsman
   4. The resident’s attending physician must be notified in advance

63. Allegations of Medicare fraud would be reported to the ____.
   1. CMS
   2. OIG
   3. HCFA
   4. State licensing agency

64. Maintaining a record of incidents and corrective actions regarding infections is assigned to the ______.
   1. Infection control program
   2. Medical director
   3. Quality control program
   4. Administrator

65. What is the average daily occupancy rate for June for a facility with a total of 3000 resident days for the month?
   1. 85
   2. 95
   3. 100
   4. 110

66. A facility is cited for F371 H during an annual survey. The facility was cited for scope and severity of ________?
   1. No Harm – No Potential for Harm – Patterned
   2. No Harm – But Potential for Harm – Isolated
   3. Actual Harm – Immediate Jeopardy – Patterned
   4. Actual Harm – Not Immediate Jeopardy – Patterned
67 If a resident lacks capacity, and did not designate an individual to make decisions for them, which of the following would be able to make decisions for them now?

1. A guardian
2. A power of attorney
3. A proxy
4. A durable power of attorney
5. A designated health care surrogate
6. The resident can make decisions for themselves

68 An individual who was determined to lack capacity to make decisions for themselves was reassessed and determined to have capacity or has regained capacity. Who would now be able to make decisions for the resident?

1. A guardian
2. A power of attorney
3. A proxy
4. A durable power of attorney
5. A designated health care surrogate
6. The resident can make decisions for themselves
7. A spouse or sibling

69 The percentage of weight loss is calculated as ________________.

1. Weight loss – usual weight divided by usual weight x 100
2. Usual weight – actual weight divided by usual weight x 100
3. Actual Weight – usual weight divided by usual weight x 100
4. Ideal Weight – usual weight divided by usual weight x 100

70 Which of the following is the definition of a sentinel event?

1. An event in which the resident’s physician must be notified
2. An event that presents serious injury or death
3. An event which requires nursing staff to closely monitor a resident for a minimum of 48 hours
4. All of the above

71 Which of the following is not a sentinel event?

1. Fecal impaction
2. Dehydration
3. Pressure sores
4. Influenza

72 Aside from the required annual standard survey, which of the following conditions would not trigger an abbreviated standard survey?

1. Change of ownership
2. Change of Medical Director
3. Change of Administrator
4. Change of Director of Nursing
5. Change of Management
What must the surveyors hand the administrator in the entrance conference?

1. The Form 2567
2. A list of all deficiencies identified by the team
3. A copy of the long term care ombudsman’s report of investigations
4. A copy of the facility QM/QI and the OSCAR 3 and 4 reports to give the facility an opportunity to explain any discrepancies before the sample selection list is finalized

True or False - A surveyor can request access to a resident in the middle of the night.

1. True
2. False
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<th>Answer</th>
<th>Explanation</th>
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<td>Performance reviews must be done every 12 months</td>
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<td>The DON is responsible for the nursing program because only a licensed nurse can supervise other nurses. The medical director is responsible for the medical care in the facility. The governing body has ultimate legal responsibility to supervise the administrator and ensure residents are properly cared for. All of the above will be sued and sanctioned if the facility failed to provide care meeting professional standards of care.</td>
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<td>The main advantage of a corporation is limited liability for the owners.</td>
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<td>We manage by tracking each month on our P&amp;L where we missed our target revenue and expense goals.</td>
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<td>Three fire drills on each shift every 3 months equals 12 drills a year.</td>
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The consultant pharmacist is not responsible to destroy although they do so in actual practice

Theory Y = Yes Yes Good Good  Theory X = XXX or Bad Bad Nooooooo

Theory Z = zero desire to work for a facility that has such a bad rep or bad care

3000/30 days = 100
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